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**KPC**

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**Coaching SERIES EVALUATION**

*This form will assist me to understand how you found our coaching session.   
Please complete this form and email it to me at* ***poyntonk@iinet.net.au*** **Coachee Name : Date:  
Coaching from to**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| When I began participating in  coaching I had clear goals for my participation | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| The coaching sessions helped me to understand what  I needed to change/ do differently | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| My coaching sessions gave me the confidence and skill I needed to do things that were important to achieving my goals and those of the organisation | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| I have learned some things from this process that I am already using with my direct reports | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| My manager was supportive of my participation in the coaching process | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| I would recommend my coach to others | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
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**Coaching SERIES EVALUATION**

**Please look at the following statements and rate accordingly.**

**Coaching had a positive impact upon my:**

|  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Communication and collaboration with others | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| Work with my peers | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| Working relationship with my boss | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| Looking at business situations | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| Confidence and impact on others | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| Personal effectiveness | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| Leadership | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| Focus and decision making | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| Managing pressure | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |
| How I feel about my work | **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** |
| Strongly Disagree | | Disagree | | Agree | | Strongly Agree | |
|  | | | | | | | | |

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**Coaching SERIES EVALUATION**

**What aspects of your coaching experience have created the most value for you?**

**What have you been most able to apply to your day to day work outside the   
 coaching sessions?**

**Any final comments you would like to make about your coaching experience or   
 the potential further use of executive coaching in the organisation?**

**Overall, the positive impact that the coaching sessions have had on my own and the organisation’s goals has been:**

|  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **1** | **2** | **3** | **4** | **5** | **6** | **7** | **8** | **9** | **10** |
| Very low | | Low | | Somewhat | | High | | Very High | |

**Thank you for taking the time to complete this evaluation**

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